

## Closing the Racial Equality Gap

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Maximising potential



## **Transforming Workforce Dynamics: Case Study**

 Through strategic initiatives and forward-thinking practices, we have not only adapted to change but also thrived amidst uncertainty. Our case study delves into our transformative journey, offering valuable insights and actionable strategies for fostering a resilient and dynamic workforce in the face of contemporary challenges.



# Introduction to the Continuum of Anti-Racism

The continuum of anti-racism is a journey of personal and collective growth, where individuals and communities commit to recognizing, addressing, and dismantling systemic racism. This process begins with self-awareness and evolves into tangible actions to create a more equitable society.



## **Recognising Racism and Bias**

#### **Unconscious Bias**

Identifying the subtle, often unconscious biases that shape our perceptions and behaviors is a crucial first step.

#### **Systemic Racism**

Understanding how racism is embedded within our institutions, policies, and societal structures is essential.

#### **Privilege and Power**

Acknowledging the unearned advantages associated with certain identities and the imbalance of power is pivotal.



## **Developing Racial Awareness**

1 Self-Reflection

Engaging in honest self-reflection to explore one's own racial identity, biases, and experiences.

Learning and Listening

Seeking out diverse perspectives, histories, and narratives to deepen understanding of racism and its impacts.

Continuous Growth

Committing to a lifelong journey of learning, unlearning, and evolving one's perspectives and actions.

## **Becoming an Ally**

#### **Leveraging Privilege**

Using one's position of privilege to amplify marginalised voices and advocate for change.

## **Disrupting Oppression**

Actively challenging and interrupting racist attitudes, behaviors, and systems in daily life.

## **Sustaining Solidarity**

Maintaining a long-term commitment to anti-racist work and supporting communities of color.

## **Practicing Inclusive Behaviors**

1 Inclusive Language

Using language that is respectful, sensitive, and avoids perpetuating stereotypes or biases.

Equitable
Participation

Ensuring all voices are heard and that marginalised individuals have opportunities to contribute.

Allyship in Action

Actively supporting and advocating for colleagues, friends, and community members of color.

## **Advocating for Systemic Change**

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#### **Policy and Legislation**

Pushing for policy changes and legislation that address systemic inequities.

## Institutional Transformation

Advocating for the restructuring of institutions to embed anti-racist principles and practices.

#### Community Empowerment

Supporting and uplifting marginalised communities to build their own solutions and self-determination.

## **Sustaining Anti-Racist Efforts**



#### **Self-Care**

Maintaining physical, mental, and emotional well-being to sustain the long-term journey.



#### **Community Engagement**

Collaborating with others to build collective power and hold each other accountable.



#### **Perseverance**

Maintaining a steadfast commitment to the work, even in the face of challenges and setbacks.





## Thank you

For any queries please do not hesitate to get in touch with our colleague Andrea Nolan Andrea.nolan1@nhs.net

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